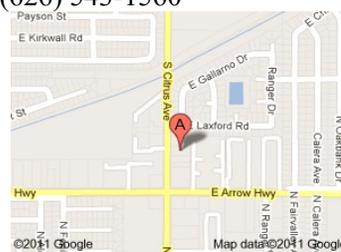


PRE-PROCEDURE INSTRUCTIONS

SCCPM #7 rev. 11/28/15

<p>Bryan X. Lee, MD S. CA Ctr for Pain Mgmt •250 W. Bonita Ave #160 Pomona, CA 91767 •12442 Limonite Ave, #211, Eastvale, CA 91752 T (909) 593-1002 F (909) 593-1004 www.drblee.com</p>	<p>Name: _____</p> <p>Procedures: _____</p> <p>Surgery Center: () Four Seasons () Azusa () MidValley () Upland; _____</p> <p>Appointment Times are Approximate. The Surgery Center will call you (the day before) to confirm EXACT time. Call the surgery center (NOT Dr. Lee's office) if you did not get called.</p>
--	--

() **Azusa Surgery Center**
 830 S Citrus Ave # 101
 Azusa, CA 91702-5959
 (626) 543-1560



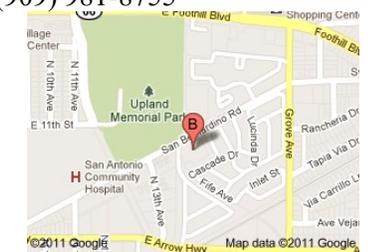
() **Four Seasons Surg. Ctr.**
 1211 West 6th Street
 Ontario, CA 91762-1103
 (909) 933-6580



() **MidValley Surg. Center**
 4682 Ontario Mills Pkwy
 Ontario, CA 91764
 (909) 204-3540



() **Upland Surgery Center**
 1330 San Bernardino Rd, # F
 Upland, CA 91786
 (909) 981-8755



- 1) **Warning:** you may be charged a **\$150 “No Show” fee** if you do **not** cancel your appointment(s) 24 hours in advance.
- 2) On your procedure day: **DO NOT eat or drink for 6 hours** before procedure.
- 3) On your procedure day: **take your medicines (including pain meds) with sips of water.** The only medicine you **CANNOT** take are diabetic meds and blood thinners (see below #6 and #9).
- 4) Someone (e.g. family, friend, medical van) must drive and accompany you home.
- 5) If you work, take the day off. You may go back to work and resume normal activity the day after your procedure.
- 6) **For patients on Blood Thinners ONLY: stop your blood thinners.** Ask your prescribing doctor or cardiologist for permission **BEFORE** stopping your blood thinner(s). If you are taking another blood thinner **not listed**, tell Dr. Lee. You may resume your blood thinner(s) the day after the procedure.
 - a) **Aspirin, Plavix (Clopidogrel), Pradaxa (Dabigatran), Persantine or Aggrenox (Dipyridamole), Xarelto (Rivaroxaban), Effient (Prasugrel), and Pletal (Cilostazol)** must be stopped for **7 days** before your injection.
 - b) **Coumadin (Warfarin)** must be stopped for **5 days.** You must get **lab work (INR, PT, PTT) 1 day before** your procedure. Bring the **lab name and phone #** to the surgery center.
 - c) **Ticlid (Ticlopidine)** must be stopped for **14 days.**

*****NOTE:** *There is an increased risk for complications, including blood clots, stroke, paralysis, heart attack, pulmonary embolism, and death from stopping your blood thinner(s). But, not stopping them before injection(s) will increase your risk for complications too, including bleeding, paralysis, and death. Discuss the risks with your prescribing doctor.* ***
- 7) **NSAIDs should be stopped for 7 days** before your procedure. Resume the medication(s) the next day. These meds include most over-the-counter pain relievers: Motrin, Ibuprofen, Advil, Aleve, Naproxen, Excedrin, Celebrex, Voltaren, Diclofenac, Lodine, Etodolac, Nabumetone, Relafen, Feldene, Piroxicam, Mobic, Meloxicam, Indomethacin, Indocin, Sulindac, Trilisate, Choline Magesium Trisalicylate, and Keteoprofen. *****Note: You can take Tylenol/Acetaminophen.*****
- 8) If you are sick (e.g. fever), call the office as soon as possible to find out if you need to cancel your appointment.
- 9) **For DIABETIC PATIENTS: DO NOT** take your morning diabetic medicines **before** your procedure. You may have dry toast/crackers and clear juice (e.g. apple juice) **4 hrs before** your procedure. Eat and resume your diabetic meds **after** the procedure.

By signing, the patient acknowledges understanding & agrees to the above. Patient has received a copy of this form.

Patient/Guardian Signature	Patient Name	Date	Witness
----------------------------	--------------	------	---------