

**PRE-PROCEDURE INSTRUCTIONS**

SCCPM #7 rev. 1.25.2022

<p><b>Bryan X. Lee, MD</b>  <b>S. CA Ctr for Pain Mgmt</b>                  •250 W. Bonita Ave #160 Pomona, CA 91767                  •13768 Roswell Ave, #215, Chino, CA 91710</p> <p>T (909) 593-1002                  F (888) 257-3888                  www.drblee.com</p>	<p>Name: _____                  Procedure(s): _____                  Location: ( ) Archibald Surg.Ctr. ( ) Chino Premier Surg. Ctr ( ) Concourse Diag. &amp; Surgery Ctr ( ) Mid Valley Surg Ctr ( ) Ontario Advanced Surgery Center ( ) Pomona Valley Hosp. Outpt Pavilion ( ) _____                  Appt #1 Date/Time: _____                  Appt #2 Date/Time: _____                  Appt #3 Date/Time: _____  <b>Appointment Times are Approximate.</b> The Surgery Center will call you (the day before) to confirm EXACT time. Call the surgery center (NOT Dr. Lee's office) if you were not notified.</p>
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**Surgery Centers**

( ) <b>Archibald Surg. Ctr:</b> 9674 Archibald Ave, #125, Rancho Cucamonga, CA 91730. (909) 296-8930	( ) <b>Chino Premier Surg. Ctr.:</b> 5562 Philadelphia St, #111, Chino, CA 91710 (909)517-0000	( ) <b>Concourse Diag. &amp; Surg Center:</b> 18575 Gale Ave, City of Industry, CA 91748 (626) 965-3880	( ) <b>MidValley Surg. Ctr:</b> 4682 Ontario Mills Pkwy , Ontario, CA 91764. (909) 204-3540	( ) <b>Ontario Advanced Surgery Center:</b> 1211 W 6th St, Ontario, CA 91762 (909)981-8755	( ) <b>Pomona Valley Hosp. Outpatient Pavilion</b> 1798 N Garey Ave. Pomona, CA 91767 (909) 865-9500
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- 1) **\*\*Warning:** you may be charged a **\$150 “No Show” fee** if you do **not** cancel your appointment(s) 24 hours in advance.\*\*
- 2) On your procedure day: **DO NOT eat or drink for 8 hours** before procedure.
- 3) On your procedure day: **take your medicines (including high blood pressure meds) with sips of water.** The only medicine you **CANNOT** take are diabetic meds and blood thinners (see below #6 and #8).
- 4) Someone (e.g. family, friend, medical van, door-to-door transportation service) must drive and accompany you home.
- 5) If you work, take the day off. You may go back to work and resume normal activity the day after your procedure.
- 6) **For patients on Blood Thinners: must be stopped before procedure.** Ask your prescribing doctor or cardiologist for permission **BEFORE** stopping your blood thinner(s). If you are taking another blood thinner **not listed**, tell Dr. Lee. You may **resume** your blood thinner(s) the **day after the procedure.**
  - **Aspirin, Alka Seltzer, Plavix (Clopidogrel), Brilinta (Ticagrelor), Persantine or Aggrenox (Dipyridamole), Effient (Prasugrel), and Elmiron (Pentosan): stop for 7 days.**
  - **Pradaxa (dabigatran), Bevyxxa (Betrixaban), Reopro (Abciximab), Savaysa (Edoxaban), and Coumadin (Warfarin, INR <1.3): stop for 5 days.** For Coumadin (warfarin) patients **ONLY:** You must get **lab work (INR, PT, PTT) 1 day before** your procedure. Bring the **lab name/slip** to the surgery center.
  - **Xarelto (rivaroxaban), Eliquis(apixaban), Pletal(Cilostazol), and Arixtra (fondaparinux): stop for 3 days.**
  - **Aggrastat (Tirofiban), Arixtra (Fondaparinux), Fragmin (Dalteparin), Integrilin (Eptifibatide), and Lovenox (LMWH): stop for 1 day.**
  - **Herbs/Vitamins: Vitamin E, Fish Oil, Garlic, Ginseng, Vitamin A, Ginger, Kava Kava, Clove, White Willow bark, or Gingko Biloba: should stop 7 days.**
  - **NSAIDs (Non-steroidal Anti-inflammatory Drugs) should be stopped for 7 days: Motrin, Ibuprofen, Advil, Aleve, Naproxen, Excedrin, Celebrex, Voltaren, Diclofenac, Lodine, Etodolac, Nabumetone, Relafen, Feldene, Piroxicam, Mobic, Meloxicam, Indomethacin, Indocin, Sulindac, Trilisate, Choline Magesium Trisalicylate, and Keteoprofen, etc.**
  - **\*\*\*Note: You can continue to take Tylenol/Acetaminophen. (not a blood thinner)\*\*\***

**\*\*\*NOTE:** There is an increased risk for complications, including blood clots, stroke, paralysis, heart attack, pulmonary embolism, and death from stopping your blood thinner(s). But, not stopping them before injection(s) will increase your risk for complications too, including bleeding, paralysis, and death. Discuss the risks with your prescribing doctor.\*\*\*
- 7) If you are sick (e.g. fever), call the office as soon as possible to find out if you need to cancel your appointment.
- 8) For **DIABETIC PATIENTS:** On your procedure day, **DO NOT** take your morning diabetic medicines **before** your procedure. You may have dry toast/crackers and clear juice (e.g. apple juice) **6 hrs before** your procedure. Eat and resume your diabetic meds **after** the procedure.

**By signing, the patient acknowledges understanding & agrees to the above. Patient has received a copy of this form.**

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Patient/Guardian Signature

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness